

January 2024

Dear Parents and Carers,

## **HEALTH RELATED BEHAVIOUR QUESTIONNAIRE (HRBQ)**

Our school, along with several others in the local area, have agreed to participate in the Health Related Behaviour Questionnaire (HRBQ) in February 2024. We have been asked to support the work of the Public Health and Wellbeing Directorate at Dudley Metropolitan Council through taking part in this survey and stand to benefit substantially through our participation in it.

The data collected from the survey may prompt our school to review some areas of the curriculum and has also been used in a variety of ways, such as:

1. starting points for classroom discussions
2. guiding the choice of resources
3. prompting appropriate timing of courses
4. beginning of further enquiry to strengthen existing programmes, e.g. in PE
5. supporting discussions between parents and our school staff

The survey method that we are using has been developed by the Schools Health Education Unit Exeter and has been in use now for more than 30 years. Over 3000 schools have used the survey; many of them participate regularly.

Pupils will be asked a wide range of age- related questions about their health behaviours. The topics the questionnaire covers includes:

**Personal background**

**Risk taking (drugs, alcohol, tobacco and vaping)**

**Emotional health and wellbeing**

**Healthy eating**

**Leisure**

**Physical activity**

**Relationships**

**Safety**

**School life**

The Local Authority's Public Health team will also have a reliable database upon which it can objectively plan health care provision for young people. Links between the school and the Dudley Council will also be strengthened.

Both Dudley Council and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils which can be found on the reverse of this sheet.

We hope you will agree with us that this is an exercise in which we wish to co-operate fully. We will assume you do approve unless we hear otherwise and we look forward to working with you in planning improved health promotion for our pupils.

We do hold a copy of the questionnaire in the school office. If you would like to examine it, you are welcome to do so by appointment only.

As part of the survey, it will be helpful if your child brings the following information:

· Their postcode (this will be used only for drawing maps of results in the area; your house will not be identified)

Many thanks

# Privacy Notice – school surveys



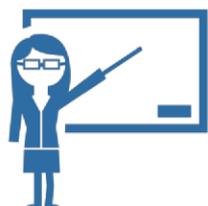
## 1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. [www.sheu.org.uk](http://www.sheu.org.uk)

## 2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



## 3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

## 4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



## 5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



## 6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



## 7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').



## 8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.

BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.



## 9. What's next?

If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.

